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Williston Reservoir levels

As of July 24, Williston Lake levels were recorded to be at 2186.5 feet, up from a minimum of 2156.6 feet on April 5.

Data on current levels can be viewed at: bchydro.com/info/res_hydromet/data/lst.txt

Mixed Martial Arts Mondays

@ the Legion

Open House Aug. 25


Try a class and register for this yearly program.

New: Toddlers class (Min. # students req.)

Instructor Fedo de Baat (250) 997-3722 (no texting)

10:00 – 11:00 Zen in Motion
11:15 – 12:00 Seated exercise
3:00 – 3:30 Parents & Tots MMA
4:00 – 5:00 Children's MMA
5:30 – 6:30 Youths MMA
7:00 – 8:30 Adults MMA

Pay for the year and receive 10% off. (Cash only)
100% of the proceeds go to the program.
Funded in part by MLMCF



FWCP invites grant applications

Starting July 28, the Fish & Wildlife Compensation Program (FWCP) is accepting grant applications for projects to conserve and enhance fish and wildlife in watersheds impacted by BC Hydro dams in its Peace Region.

“We’re looking for quality grant applications and encouraging projects with other funding partners to leverage our grants for greater positive ecological effect,” says Chelsea Regina, the FWCP’s Peace Region manager.

Grant applicants should review the regional guidance document and the FWCP’s Peace Region action plans and develop a proposal that aligns with one or more priority actions.

Start your application at fwcp.ca by submitting a mandatory notice of intent by September 9.

Trivia:

How long does a mosquito live? (Answer back page) →



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Cut Thumb road access in jeopardy

Access to Cut Thumb rec site and even Heather and Dina Lakes may be threatened soon with the discovery of rot on the guard rails at the 22 km and 32 km bridges along the Parsnip West FSR.

Pete Kylo, who has been running hair straight back since last year to keep the road open for local use says an inspection tour with the ministry this week revealed the guard rails have been infested with ants “and can be knocked off with a couple strong kicks.”

According to Kylo, new regulations at the Ministry of Forests require that bridge guard rails need to be a structural component and not just visual guides on bridge crossings.

Replacement of the guard rails needs to happen by July 31 for

See ‘Cut Thumb access’ over →

News of the Odd:

In 2011, James Verone walked into a bank in North Carolina and handed the teller a note demanding one dollar. He then sat down and waited for the police.

Verone, 59, a former delivery driver, was unemployed, uninsured, and suffering from a range of serious health concerns. Desperate and without access to affordable treatment, he saw medical care in prison as his only option.

After an unpleasant year in prison and receiving only basic medical care, he struck a deal with prosecutors and was convicted of larceny rather than robbery. His actions sparked national debate about health care access in the U.S.

Local athlete brings home gold

Local weightlifter Pierce Northcott made the news this month at the 2025 Special Olympics BC Summer Games by setting a world record deadlift of 451 lbs and earning a gold medal at the games.

The *Prince George Citizen* has the complete story.

Share your news & notices!



thebuzzette@gmail.com





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The Macktown Buzzette

July 24 - Aug 6, 2025

Phone: (250) 997-5038 | E-mail: TheBuzzette@gmail.com

Rural ER closures strain health care

Emergency rooms across Canada have been closed for more than 1.1 million hours since 2019, reports *The Globe and Mail*, with rural communities hit hardest by staff shortages.

B.C.’s data, provided too late to be included in the *Globe’s* report, shows the province is nearing 250 ER closures in 2025, mostly in rural towns, according to the BC Rural Health Network (BCRHN).

Since early 2023, 29 of B.C.’s 77 emergency departments have faced temporary shutdowns,

totalling over 16,000 hours of lost care.

Closures often come without warning. In Stewart last month, no ambulance was available on one occasion, and the nearest backup was three

See ‘Rural health’ over →

Quotes:

“Opportunity often comes disguised in the form of misfortune or temporary defeat.”
-- Napoleon Hill



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DIY Pizza Sub bar: Quick and easy

Make a fun and healthy dinner in no time, while the kids help put it all together.

This simple idea brings together two favourite dishes – pizza and subs – for a personalized meal.

Get some whole grain buns, pizza sauce, and add your favourite toppings. Here are some topping suggestions to get you started.

Canadian Classic: White mushrooms, sliced; Bacon,

cooked; Pre-cooked pepperoni slices; Fresh mozzarella cheese, sliced or shredded; Pizza or garlic alfredo sauce

Place onto a lined baking tray. Bake at 300°F (150°F) for a few minutes or until buns have crisped and cheese melts.

More easy meal ideas at mushrooms.ca.

Source: www.newscanada.com



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Tsay Keh Dene Timber LP FOREST OPERATIONS MAP

Tsay Keh Dene Timber FLA99439 2025-2

Tsay Keh Dene Timber's Operations Map # Tsay Keh Dene Timber FLA99439 2025-2, public review and comment from July 25 - August 25, 2025, at link below, or in person by appointment Mon-Fri 8 am-4 pm. Contact the forestry department at the email or phone number below in order to schedule an appointment. 1200 Mill Road, Mackenzie, BC, V0J 2C0. This FOM is applicable for 3 years and may be relied upon to apply for a cutting or road permit to harvest a cutblock or construct a road displayed on the FOM.

250-645-4982
fom@chuchoforestry.com
<https://fom.nrs.gov.bc.ca/public/projects>



'Cut Thumb access'...

the road to continue to be used beyond the 22 kilometre mark, putting the Duz Cho Fishing Derby at risk of cancellation or relocation. Kylo has reached out to Duz Cho for help.

Kyllo says the running deck on both bridges will

also need to be replaced soon.

The bridge at Lamonti Creek was removed by the ministry this week.

(See also Buzzette May 1 and July 10 issues.)



LAND ACT: NOTICE OF APPLICATION FOR CROWN LAND

Take notice that Innergex Renewable Energy Inc., from Vancouver, BC, has applied to the Ministry of Water, Land and Resource Stewardship, Omineca Region, for an Investigative License for wind power purposes situated on Provincial Crown land located 140 km northwest of Prince George.

The Land File for this application is **7410370**. Written comments concerning this application should be directed to Jennifer Elliot, Authorizations Specialist, Ministry of Water, Land and Resource Stewardship, Omineca Region at 5th Floor 499 George Street, Prince George, BC V2L 1R5, [or jennifer.elliott@gov.bc.ca](mailto:jennifer.elliott@gov.bc.ca) Comments will be received by Ministry of Water, Land and Resource Stewardship, Omineca Region up to August 24, 2025. Ministry of Water, Land and Resource Stewardship, Omineca Region may not be able to consider comments received after this date. Please visit the website at <https://comment.nrs.gov.bc.ca> for more information.

Be advised that any response to this advertisement will be considered part of the public record. Access to these records requires the submission of a Freedom of Information (FOI) request. Visit <http://www.gov.bc.ca/freedomofinformation> to learn more about FOI submissions.

A hard copy MAP showing the location and extent of the application area may be acquired by calling the Authorizations Specialist named above at 250-561-3479.

COMMUNITY NOTES

LIVE MUSIC IN THE PARK

July 25, 7 - 9 pm.
Kickoff for Rockin' the Ridgeline. Community Bike Park.
July 31, 7 - 8 pm.

ROCKIN' THE RIDGELINE

July 26: Morfee Mountain shuttle runs 9:30 am - 4:30 pm.
Live music, food, beer garden & pop-up art show 4:30 pm, 400 Skeena Drive. 8 pm: *Cooper Tropeau & the Broken Bones*. 10 pm: DJ.

CHILDREN'S CRAFTS

at the Visitor Centre has now moved to Thursdays 1 - 3 pm.
#11 - 600 Mackenzie Boulevard

RIDGELINE AFTER PARTY

July 27 @ the Arts Centre. Live music, crafts, games starting at 1 pm.
9 Laurier Drive.

Have a public notice?

 **thebuzzette@gmail.com**

LAND & LEARN w/ John Dumont and Cornelia Thomi

July 28th - 30th, 9 - 3 pm.
Games, forts, outdoor skills.
Ages 7 - 12: \$150 (or \$60/day).
Under 7: \$250 (or \$100/ day).
Register: (250) 617-8135

MORFEE LAKE SCRAMBLE

15 km walk/run/cycle race
August 16th. Sign up at Eventbrite. After-party at Second Beach with folk-rock band Patchwork.

NEAR HEAVEN

Kayak Rentals
\$10/day (24 hrs.)
Text 250-997-1981



WHEEL OF FORTUNE

“ _ _ _ _ _ a _ _ a _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ u _ _ r _ _ _ e _ _ _ _ _
_ _ r _ _ a _ _ e _ _ _ _ _ u _ _ _ _ _ u _ _ _ _ _ g _ _ a _ _ _ _ _ _ _ _ _ _ e _ _ e _ _ e _ _ ?”

Risqué quip attributed to a 1930s comedy actress and the subject of many riffs since. Choose from these letters, some with hints, to complete the sentence.

b c d f g h i j k l m n o p s t v w y
1 1 1 1 1 6 2 4

Did you know?

A church in Biertan, Romania, had a room where couples wanting a divorce were placed together with just one bed, chair, table, plate and spoon for six weeks. This medieval style couples therapy allegedly resulted in only one divorce in 300 years.

The modern day priest and church caretaker believes the success rate was due more to survival needs – the need to get out and produce food – than love.



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'Rural health'...

hours away, forcing a family to transport the one in medical distress themselves.

The BCRHN says this is more than a series of isolated incidents; it's a system-wide failure driven by chronic staffing shortages, uneven investments, and outdated, centralized planning.

The BCRHN says also that rural hospitals are over-relied upon for non-emergency needs like prescriptions, chronic condition

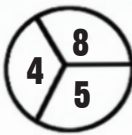
management, and basic assessments. Over time, this overloads ERs, stretches already limited staffing resources, and contributes directly to burnout and temporary closures.

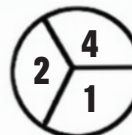
A new provincial review of health authorities is currently underway. Advocates see this as just one opportunity to rebuild rural care for the 21st century.

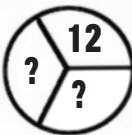
Local governments are invited to provide input by August 11.

MISSING NUMBER

Find a pattern to guess the missing numbers.







PLAY FOUR from last issue: Tack, Icon, Trio, Sent.
CRYPTOQUOTE: A truly rich man is one whose children run into his arms even when his hands are empty. – Unknown
Trivia answer: Female mosquitoes at adult (flying) stage can live six weeks to several months. Males typically live only a week.

I don't have false teeth. Do you think I'd buy teeth like these? – Carol Burnett

